



# THE FISH HOUSE

## FISTRAL

### LUNCH MENU - 12-4pm

#### SHARING BOARDS FOR 2

Homemade Focaccia baked daily by our chefs, served with olive oil and balsamic vinegar	£7.95	Selection of Seafood stuffed piquillo peppers with salt cod, skewered tiger prawns in garlic butter, crispy fried squid, garlic aioli, crab cakes and homemade focaccia	£27.95	Tacos - All served with tomato, chilli, red onion salsa, mixed salad leaf and piri piri mayonnaise
Add marinated mixed olives	£4.95			Two Tacos (for 1 person) £11.95 Four Tacos (for 2 persons to share) £22.95 Grilled seabass / Tempura of cod / Panko fried tiger prawns

#### FIRST COURSES

<b>OPEN SANDWICHES</b> on our homemade focaccia  Cornish crab £17.95 with homemade mayonnaise, cucumber and mixed leaf salad  Fish fingers £14.95 with tartar sauce and mixed leaf salad	Panko fried Tiger Prawns mangetout, coconut salad, chilli with curried mayonnaise	£14.95	Moules Marinière mussels cooked in a classic French style served with homemade focaccia	£14.95/£24.95
	Crispy fried Squid heritage tomato salsa, capers, chilli, red onion, smoked paprika aioli	£14.95	Tandoori Skewered Monkfish cucumber, chilli salad, yoghurt, chive oil	£15.95
	Fritto Misto prawn, seabass, hake and squid with a chilli dipping sauce	£14.95	Grilled Half Shell Scallops garlic, ginger, black bean & coriander with soy sesame dressing	£15.95

#### MAIN COURSES

Roasted Cornish Hake fillet fragrant spring broth, shaved fennel, garden peas, asparagus, mangetout & wild garlic aioli with herb dressed new potatoes	£27.95	Grilled Sea Bass tiger prawns cooked in garlic butter with samphire, tenderstem broccoli, fennel purée with roasted garlic crushed potatoes	£28.95	Roasted Cod Fillet panko serrano crumb, charred baby gem, pea & mint puree with crushed, roasted garlic potatoes	£25.95
Seafood Risotto crab, tiger prawns, mussels, with Cornish Hake & pangrattato	£26.95	Korean fried Monkfish with glass noodles, Asian salad, pak choi, chilli, spring onions & coriander	£15.95/£28.95	Crab and Tiger Prawn Linguine with chilli, garlic, white wine, cherry tomatoes and pangrattato	£25.95
Roasted Hotshell Selection of mussels, crab claw, scallop and tiger prawns with chilli, garlic and olive oil served with homemade focaccia  Add Whole Lobster - ask market price	£20.95/£38.95	Sri Lankan Prawn Curry with dahl, coconut sambal, basmati rice and poppadom (hot and spicy)	£27.95	Prime 10oz (280g) Sirloin Steak 32 day aged Irish beef with pepper sauce served with hand cut chips, baby gem, parmesan & pangrattato salad	£33.95
				Surf & Turf Add chilli & garlic tiger prawns	£48.00

#### SIDES

Hand Cut Chips / Fries	£4.95	Heritage Tomato Salad	£8.95	Seasonal Vegetables	£6.95
Roasted Crushed Potatoes with confit garlic	£5.95	Mixed Leaf Salad with mustard dressing	£7.95	Freshly Made Garlic focaccia bread	£5.95

*We cannot guarantee the absence of traces of nuts or other allergens. Please advise a member of staff if you have any particular dietary requirements*

