



THE FISH HOUSE FISTRAL

LUNCH MENU - 12 - 4pm

SHARING BOARDS FOR 2

Homemade focaccia, baked daily by our chefs, served with olive oil and balsamic vinegar	£5.95	Selection of Seafood crispy squid, garlic aioli, crab cakes, salt cod brandade, salt and pepper tiger prawns with homemade foccacia	£21.95	Tacos - All served with tomato, chilli, red onion salsa, mixed salad leaf and piri piri mayonnaise
Add marinated mixed olives	£3.95			Two Tacos (for 1 person) £9.95 Four Tacos (for 2 persons to share) £19.90 Grilled seabass / Tempura of cod / Panko fried tiger prawns

FIRST COURSES

OPEN SANDWICHES on our homemade focaccia

Cornish crab with homemade mayonnaise, cucumber and mixed leaf salad	£14.95
Fish fingers with tartar sauce and mixed leaf salad	£11.95

Skewered masala tiger prawns with cucumber, chilli, mint salad and yoghurt	£10.95	Crispy fried chipirones Spanish style baby squid, smoked paprika aioli with piquillo peppers	£10.95
Grilled half shell scallops with serrano ham, roasted red pepper smoked paprika and panko crumb	£14.95	Korean fried monkfish gochujang sticky sauce with Asian noodle salad (hot & spicy)	£14.95/£24.95
Cornish mussels cooked in a classic French style served with homemade focaccia	£12.95/23.95	Roasted Hotshell selection of mussels, crab claw, scallop and tiger prawns with chilli, garlic and olive oil served with homemade focaccia	£16.95/£30.95

MAIN COURSES

Indian fish curry with basmati rice, dahl, kachumba, raita salad and poppadom	£21.95	Roasted hake fillet wild mushroom and whisky sauce with spring onion mashed potatoes	£22.95	Seafood risotto with mussels, tiger prawns, crab, hake fillet and pangrattato	£22.95
Panfried sea bass fillets with tenderstem broccoli, salsa verde and crushed potatoes	£22.95	Langoustine & shellfish bisque with roasted monkfish fillets, served with cavolo nero	£24.95	Sri Lankan prawn curry with dahl, coconut sambal, basmati rice and poppadom (hot and spicy)	£23.95
Crab and tiger prawn linguine with chilli, garlic, white wine, cherry tomatoes and pangrattato	£22.95	Fish and chips battered cod fillet with tartar sauce, a pea purée and hand cut chips	£15.95	Prime 10oz (280g) sirloin steak 28 day dry aged Scottish Highland beef, pepper sauce served with hand cut chips	£27.50

SIDES

Hand cut chips	£4.95	Spring onion mashed potatoes	£5.95	Seasonal vegetables	£5.95
Fries	£4.50	Roasted garlic & rosemary potatoes	£5.95	Mixed leaf salad with mustard dressing	£5.95

We cannot guarantee the absence of traces of nuts or other allergens. Please advise a member of staff if you have any particular dietary requirements