



# THE FISH HOUSE

## FISTRAL

### LUNCH MENU - 12-4pm

#### SHARING BOARDS FOR 2

Homemade Focaccia	£6.95
baked daily by our chefs, served with olive oil and balsamic vinegar	
Add marinated mixed olives	£4.95

Selection of Seafood	£26.95
stuffed piquillo peppers with salt cod, skewered tiger prawns in garlic butter, crispy fried squid, garlic aioli, crab cakes and homemade focaccia	

Tacos - All served with tomato, chilli, red onion salsa, mixed salad leaf and piri piri mayonnaise	
Two Tacos (for 1 person)	£9.95
Four Tacos (for 2 persons to share)	£19.90
Grilled seabass / Tempura of cod / Panko fried tiger prawns	

#### FIRST COURSES

##### OPEN SANDWICHES on our homemade focaccia

Cornish crab	£16.95
with homemade mayonnaise, cucumber and mixed leaf salad	
Fish fingers	£14.95
with tartar sauce and mixed leaf salad	

Panko fried Tiger Prawns	£14.95
crisp Enoki mushrooms, shallots, chilli with Balinese dipping sauce	

Crispy fried Salt & Pepper Squid	£14.95
Asian noodle salad with pak choi, spring onions, coriander	

Fritto Misto	£12.95
prawn, seabass, hake and squid with a chilli dipping sauce	

Moules Marinière	£14.95/£24.95
mussels cooked in a classic French style served with homemade focaccia	

Korean fried Monkfish	£15.95/£27.95
red cabbage Asian slaw, served with fries as main size	

Seared Cornish Scallops	£15.95
cauliflower puree, crisp Serrano ham, pangrattato, chive oil	

#### MAIN COURSES

Roasted Cornish Hake fillet	£27.95
wild mushroom & whiskey sauce, spring onion mashed potatoes	

Indian Fish Curry with	£26.95
basmati rice, dahl, kachumba, raita salad and poppadom	

Roasted Hotshell	£20.95/£38.95
Selection of mussels, crab claw, scallop and tiger prawns with chilli, garlic and olive oil served with homemade focaccia	

Grilled Stone Bass fillets	£27.95
butter bean, fennel cassoulet with tomatoes & mixed herbs and aioli	

Roasted Cornish Monkfish	£28.95
wrapped in Serrano ham, cavalo nero, chicken butter brunoise vegetable sauce, roasted crushed new potatoes	

Sri Lankan Prawn Curry	£27.95
with dahl, coconut sambal, basmati rice and poppadom (hot and spicy)	

Cod Tempura with a lime &	£24.95
chilli dip, a stir fry of pak choi, red pepper & mangetout served with basmati rice	

Crab and Tiger Prawn Linguine	£25.95
with chilli, garlic, white wine, cherry tomatoes and pangrattato	

Prime 10oz (280g) Sirloin Steak	£35.95
28 day dry aged Scottish Highland beef with pepper sauce served with hand cut chips, baby gem, parmesan and pangrattato	

Surf & Turf	£48.00
Add chilli & garlic tiger prawns	

#### SIDES

Hand Cut Chips / Fries	£4.95
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Roasted Crushed Potatoes	£5.95
with confit garlic	

Spring onion mashed potatoes	£6.95
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Mixed Leaf Salad	£7.95
with mustard dressing	

Seasonal Vegetables	£6.95
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Freshly Made Garlic	£5.95
focaccia bread	

*We cannot guarantee the absence of traces of nuts or other allergens. Please advise a member of staff if you have any particular dietary requirements*



The Fish House – Fistril



@Harwood\_Paul



01637 872085



www.thefishhousefistril.com