



THE FISH HOUSE

FISTRAL

LUNCH MENU - 12-4pm

SHARING BOARDS FOR 2

Homemade Focaccia	£7.95	Selection of Seafood	£27.95	Tacos - All served with tomato, chilli, red onion salsa, mixed salad leaf and piri piri mayonnaise	
baked daily by our chefs, served with olive oil and balsamic vinegar		stuffed piquillo peppers with salt cod, skewered tiger prawns in garlic butter, crispy fried squid, garlic aioli, crab cakes and homemade focaccia		Two Tacos (for 1 person)	£11.95
Add marinated mixed olives	£4.95			Four Tacos (for 2 persons to share)	£22.95
				Grilled seabass / Tempura of cod / Panko fried tiger prawns	

FIRST COURSES

OPEN SANDWICHES on our homemade focaccia

Cornish crab £17.95
with homemade mayonnaise,
cucumber and mixed leaf salad

Fish fingers £14.95
with tartar sauce and mixed
leaf salad

Panko fried Tiger Prawns £14.95
mangetout, coconut salad, chilli
with curried mayonnaise

Crispy fried Squid £14.95
heritage tomato salsa, capers, chilli,
red onion, smoked paprika aioli

Fritto Misto £14.95
prawn, seabass, hake and squid
with a chilli dipping sauce

Moules Marinière £14.95/£24.95
mussels cooked in a classic French style
served with homemade focaccia

Tandoori Skewered Monkfish £15.95
cucumber, chilli salad,
yoghurt, chive oil

Grilled Half Shell Scallops £15.95
garlic, ginger, black bean & coriander
with soy sesame dressing

MAIN COURSES

Crispy Panko-crusted Cod Fillet £27.95
shaved fennel, orange and chilli salad,
salsa verde mayonnaise and fries

Skewered Balinese Monkfish £28.95
Asian slaw, ketchup manis dipping
sauce and basmati rice

Roasted Hotshell £20.95/£38.95
Selection of mussels, crab claw, scallop
and tiger prawns with chilli, garlic and
olive oil served with homemade focaccia

Add Whole Lobster - ask market price

Grilled Sea Bass £28.95
tiger prawns cooked in garlic butter
with samphire, tenderstem broccoli, fennel
purée with roasted garlic crushed potatoes

Korean fried Monkfish £15.95/£28.95
with glass noodles, Asian salad, pak choi,
chilli, spring onions & coriander

Sri Lankan Prawn Curry £27.95
with dahl, coconut sambal,
basmati rice and poppadom
(hot and spicy)

Roasted Hake Fillet £27.95
pangrattato serrano crumb, charred
baby gem, pea & mint puree
with crushed, roasted garlic potatoes

Crab and Tiger Prawn Linguine £25.95
with chilli, garlic, white wine,
cherry tomatoes and pangrattato

Prime 10oz (280g) Sirloin Steak £35.95
32 day aged Irish beef with pepper
sauce served with hand cut chips, baby
gem, parmesan & pangrattato salad

Surf & Turf £48.00
Add chilli & garlic tiger prawns

SIDES

Hand Cut Chips / Fries £4.95

Roasted Crushed Potatoes £5.95
with confit garlic

Heritage Tomato Salad £8.95

Mixed Leaf Salad £7.95
with mustard dressing

Seasonal Vegetables £6.95

Freshly Made Garlic £5.95
focaccia bread

We cannot guarantee the absence of traces of nuts or other allergens. Please advise a member of staff if you have any particular dietary requirements



The Fish House – Fistral



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www.thefishhousefistral.com